

★ Success stifled, segregation  
suffering service, secular ~~Silly~~.



# LOG

10/20/23 woke up throughout night. Enema<sup>4T</sup> in morning. Left side scrotum removed dead skin?

Rectum? Prone to prolapse & tight where muscle to open chute de poop be.

Bright hip pain. Both kidneys.  
Mid belly.

Stretching behind left leg (low thigh?) causes charly horse in uncontrol.

Teeth treated with hydro soda helpful.

Looping.